



18 Upcoming Courses & Activities To Improve Your Wellbeing over the next 12 months

Monday 23rd May	Android Tablet for Beginners - Wellbeing College	10:00 - 12:00	6 sessions	Unit 14 South Road Midsomer Norton BA3 2EZ 0300 247 0050
Tuesday 24th May	Moving on with ipads - Wellbeing College -	10:00 - 12:00	6 sessions	Unit 14 South Road Midsomer Norton BA3 2EZ 0300 247 0203
Tuesday 24th May	Art for Everyone - Wellbeing College	10:30 - 12:30	8 sessions	Quebec Community Room Dominion Road Twerton Bath BA2 1DJ 0300 247 0050
Tuesday 31st May	Online Safeguarding - Adults and Children - St Mungo's	14:00 - 16:00	1 session	On Line 07825 115 775
Wednesday 8th June	Online Boundaries Training - St Mungo's	14:00 - 16:30	1 session	On Line 07825 115 775
Thursday 9th June	Group Facilitators Toolkit Workshop	10:00 - 11:00	1 session	On Line 0782 511 5775
Wednesday 15th June	Cancer Support Group - Wellbeing College	10:00 - 12:00	6 sessions	Timsbury YMCA North Road Bath BA2 0JH 07941 149935
Wednesday 15th June	Summer Woodland & Field Walks with Foraging - Wellbeing College	13:00 - 15:00	4 sessions	Greyfield Woods High Littleton Bath BS39 6YE 07812 15569

Thursday 16th June	Introduction to Supporting People with Mental Health Needs - St Mungo's	09:30 - 12:30	1 session	Online via Zoom - - 07825 115 775
Monday 20th June	NatureWell - Wellbeing College	10:00 - 12:00	6 sessions	Greyfield Woods High Littleton Bath BS39 6YE 07812 15569
Thursday 23rd June	Online Safeguarding - Adults and Children - St Mungo's	17:30 - 19:30	1 session	On Line 07825 115 775
Tuesday 12th July	Online Boundaries Training - St Mungo's	17:30 - 19:30	1 session	On Line 07825 115 775
Thursday 14th July	Mental Health Course for Carers - KS2 & St Mungo's	13:00 - 15:30	4 sessions	Online via Zoom - - 07825 115 775
Wednesday 20th July	Online Safeguarding - Adults and Children - St Mungo's	14:30 - 16:30	1 session	On Line 07825 115 775
Monday 5th September	Willow Basket Weaving at the Farm - Wellbeing College	10:00 - 12:00	6 sessions	The Community Farm Denny Lane, Chew Magna, Bristol BS40 8SZ 07812 155659
Monday 26th September	iPads for Beginners for over 50's- Wellbeing College	10:00 - 12:00	6 sessions	Unit 14 South Road Midsomer Norton BA3 2EZ 0300 247 0203
Thursday 3rd November	Mental Health Course for Carers - KS2 & St Mungo's	18:00 - 20:30	4 sessions	Online via Zoom - - 07825 115 775

Monday 7th November	Moving on with ipads - Wellbeing College -	10:00 - 12:00	6 sessions	Unit 14 South Road Midsomer Norton BA3 2EZ 0300 247 0203
------------------------	--	------------------	------------	--

Booking is essential to ensure your place on the activity. Most courses are free but if a charge applies, that is indicated above.

Call **01225 831 820** or email enquiries@wellbeingcollegebanes.co.uk for more information or to book your place.

www.wellbeingcollegebanes.co.uk