

Group Facilitators Toolkit Workshop

The sessions will include:

- AIMS / OBJECTIVES: What is the group wanting to achieve?
- GROUND RULES: The importance of & how to develop
- KEEPING EVERYONE SAFE: Identifying & minimising risk
- ROLES WITHIN THE GROUP: What needs to be done & by whom?
- IS IT WORKING?: Feedback from the group
- A free copy of the Toolkit to download/print

Background

St. Mungo's and Creativity Works collaborated with the University of the West of England (UWE) on a research project to find out what works when setting up, running and supporting community groups in Bath and North East Somerset. They worked with six successful groups that included people affected by mental health difficulties. This toolkit is a practical resource developed from that research.

Is there a cost?

No, this activity is free of charge.

Who is this aimed at?

Men and women, all ages.

Contact Details

St Mungo's

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When & where does it start?

Wednesday 21st September	10:00 - 11:30	1 session	Online via Zoom - - 0782 511 5775
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Booking is essential to ensure your place on the activity. Most courses are free but if a charge applies, that is indicated above.

Call 01225 831 820 or email enquiries@wellbeingcollegebanes.co.uk for more information or to book your place.

www.wellbeingcollegebanes.co.uk